

North East Norfolk League (DJ Nicky Wood Music for all Occasions)

Division One	Aylsham A	Cromer Town	East Ruston	Erpingham Utd	FC Steamers	Gimingham U	Happisburgh	Hickling	Runton	Sprowston A
Aylsham "A"		1-6	2-4	6-2	1-7	1-7	3-0	3-7	0-3	2-2
Cromer Town	2-0		W-L	10-0	1-4	4-1	6-0	3-3	L-W	4-2
East Ruston	3-1	2-6		11-0	0-5	2-1	3-1	2-3	0-1	0-1
Erpingham United	1-3	0-8	1-8		0-9	0-12	0-7	0-5	0-6	0-16
FC Steamers	3-1	2-2	4-0	9-1		7-0	3-0	2-1	3-0	5-0
Gimingham United	3-2	0-5	1-4	8-2	L-W		3-1	1-3	1-3	0-6
Happisburgh	2-3	L-W	1-2	8-1	2-7	3-2		5-4	1-3	3-2
Hickling	4-4	2-4	6-0	8-0	1-3	6-0	0-3		4-3	2-2
Runton	7-1	0-2	3-2	3-0	1-1	6-2	10-0	5-2		L-W
Sprowston "A"	3-1	3-0	4-0	8-1	4-0	5-0	W-L	5-0	2-0	

Division One	Pld	W	D	L	F	A	Pts
1 FC Steamers	18	15	2	1	74	15	47
2 Sprowston "A"	18	13	2	3	65	18	41
3 Cromer Town	18	13	2	3	63	20	41
4 Runton (-1)	18	12	1	5	54	21	36
5 Hickling	18	8	3	7	61	45	27
6 East Ruston (-1)	18	8	0	10	43	41	23
7 Happisburgh (-2)	18	6	0	12	37	52	16
8 Gimingham United (-1)	18	5	0	13	42	60	14
9 Aylsham "A"	18	4	2	12	35	66	14
10 Erpingham United	18	0	0	18	9	145	0

Aylsham "A"	Youngs Park; Woodgate Way; Cawston Road; Aylsham NR11 6UJ
Cromer Town	Cabbell Park; Mill Road; Cromer NR27 9DS
East Ruston	East Ruston Recreation Ground; School Road; East Ruston NR12 9JD
Erpingham United	Erpingham Village Hall; The Street; Erpingham NR11 7QB
FC Steamers	Open Academy; Salhouse Road; Norwich NR7 9DL
Gimingham United	Madra Social Club; Hall Lane; Knapton NR28 0RZ
Happisburgh	Happisburgh Playing Fields; Blacksmith Lane; Happisburgh NR12 0QT
Hickling	Hickling Barn; Ouse Lane; Hickling NR12 0YP
Runton	East Runton Playing Field; Cromer Road; East Runton NR27 9PX
Sprowston "A"	Open Academy; Salhouse Road; Norwich NR7 9DL

Division Two	Bacton	Buxton res	Erpingham U res	Fleggburgh	Gimingham U res	Hemsby res	Holt Utd Dev	Horning	N Walsham A	N Walsham Dev
Bacton		3-4	9-0	0-2	W-L	3-2	1-4	2-4	2-0	8-1
Buxton reserves	L-W		W-L	1-3	8-0	3-0	5-0	2-8	L-W	L-W
Erpingham United res	L-W	2-9		L-W	2-2	0-11	0-1	0-12	0-8	1-4
Fleggburgh	W-L	4-2	16-0		W-L	5-3	3-2	4-2	4-3	15-0
Gimingham United res	2-5	1-12	5-0	0-6		L-W	2-9	1-6	1-6	1-7
Hemsby reserves	3-0	2-2	5-0	1-6	3-0		2-3	3-6	7-2	7-1
Holt United Develop.	5-1	1-2	11-0	0-2	W-L	0-3		2-1	4-1	4-3
Horning	2-2	7-3	14-0	1-4	9-0	L-W	5-3		4-0	7-0
North Walsham T "A"	1-3	5-0	10-1	1-0	4-0	8-2	4-5	0-2		3-1
North Walsham T Devel	1-3	2-5	8-0	1-6	2-3	4-7	0-1	0-8	2-0	

Division Two	Pld	W	D	L	F	A	Pts
1 Fleggburgh	18	17	0	1	80	17	51
2 Horning (-1)	18	13	1	4	98	26	39
3 Holt Utd Development	18	12	0	6	55	35	36
4 Hemsby reserves	18	10	1	7	61	43	31
5 Bacton (-1)	18	10	1	7	42	31	30
6 North Walsham Tn "A"	18	9	0	9	56	38	27
7 Buxton reserves (-3)	18	9	1	8	58	38	25
8 N Walsham T Dev'ment	18	5	0	13	37	79	15
9 Gimingham Utd res (-4)	18	2	1	15	18	79	3
10 Erpingham Utd res (-2)	18	0	1	17	6	125	-1

Bacton
Buxton reserves
Erpingham United reserves
Fleggburgh
Gimingham United reserves
Hemsby reserves
Holt United Development
Horning
North Walsham Town "A"
North Walsham Town Development

Divisional Sponsors – Division One Sanders Coaches, Division Two Knights Trophies

Benevolent Cup (Frank Eagling Motorcycling)

Round 1

Erpingham United 3-2 East Ruston
Cromer Adult & Youth reserves 0-2 Buxton reserves

Round 2

Erpingham United 2-8 Hickling
Happisburgh 5-1 Horning
Bacton 3-1 North Walsham Town "A"
Aylsham "A" 1-5 Hemsby reserves
Runton scr-w/o Sprowston "A"
Fleggburgh 6-1 Gimingham United
FC Steamers w/o-scr Cromer Town

Buxton reserves 2-1 Holt United Development

Quarter Finals

Hickling 3-0 Happisburgh
Bacton 5-0 Hemsby reserves
Sprowston "A" 3-1 Fleggburgh
FC Steamers 5-1 Buxton reserves

Semi-Finals

Hickling 5-5 Bacton (*Hickling won 7-6 on penalties*)
Sprowston "A" 1-2 FC Steamers
Final (@ Holt United, 10/4/23)
Hickling 5-2 FC Steamers

Remys Foundation Cup

Round 1

Horning 2-0 Gimingham United

Quarter Finals

Aylsham "A" 4-0 Erpingham United

East Ruston 3-0 North Walsham Town "A"

Runton 2-0 Cromer Town

Holt United Development 1-2 Horning

Semi-Finals

Aylsham "A" 2-2 East Ruston (*Aylsham "A" won 4-3 on penalties*)

Runton 1-1 Horning (*Runton won 4-2 on penalties*)

Final (@ Aylsham, 11/4/23)

Aylsham "A" 0-3 Runton

Roy Webster Memorial Cup

Group A	FC Steamers	Gimingham U	Happisburgh	Hickling	Sprowston A
FC Steamers		W-L		W-L	
Gimingham United			2-2		1-11
Happisburgh	2-3			3-3	
Hickling		6-3			1-4
Sprowston "A"	4-1		3-1		

Group A

	Pld	W	D	L	F	A	Pts
1 Sprowston "A"	4	4	0	0	22	4	12
2 FC Steamers	4	3	0	1	4	6	9
3 Hickling	4	1	1	2	10	10	4
4 Happisburgh	4	0	2	2	8	11	2
5 Gimingham United	4	0	1	3	6	19	1

Group B	Aylsham A	Cromer Town	East Ruston	Erpingham U	Runton
Aylsham "A"		L-W	L-W		
Cromer Town				12-2	W-L
East Ruston		2-3			1-7
Erpingham United	W-L		1-12		
Runton	W-L			6-0	

Group B

	Pld	W	D	L	F	A	Pts
1 Cromer Town	4	4	0	0	15	4	12
2 Runton	4	3	0	1	13	1	9
3 East Ruston	4	2	0	2	15	11	6
4 Erpingham United	4	1	0	3	3	30	3
5 Aylsham "A"	4	0	0	4	0	0	0

Final (@ North Walsham Town, 17/5/23) Cromer Town 0-1 Sprowston "A"

Division Two League Cup (Lighthouse)

Group A	Buxton res	Fleggburgh	Hemsby res	N Walsham A
Buxton reserves			3-0	
Fleggburgh	W-L			3-0
Hemsby reserves		2-3		3-2
North Walsham Tn "A"	0-3			

Group A

	Pld	W	D	L	F	A	Pts
1 Fleggburgh	3	3	0	0	6	2	9
2 Buxton reserves	3	2	0	1	11	0	6
3 Hemsby reserves	3	1	0	2	5	13	3
4 North Walsham Tn "A"	3	0	0	3	2	9	0

Gimingham United reserves -withdrew

Group B	Bacton	Erpingham res	Holt Utd Dev	Horning	N Walsham Dev
Bacton		11-0		0-5	
Erpingham Utd res			0-13	1-12	
Holt United Dev	W-L				8-0
Horning			3-0		8-0
North Walsham T Dev	2-5	W-L			

Group B

	Pld	W	D	L	F	A	Pts
1 Horning	4	4	0	0	27	1	12
2 Holt United Dev	4	3	0	1	21	3	9
3 Bacton	4	2	0	2	16	7	6
4 North Walsham T Dev	4	1	0	3	2	21	3
5 Erpingham United res	4	0	0	4	1	35	0

Final (@ Hickling, 13/5/23) Fleggburgh 2-1 Horning